

Vancouver Laser Skin Care Clinic

www.office@vancouverlaserskincareclinic.com

Please call if you have any questions (360) 823-0795

Laser, Microderm, and Chemical Peel Treatment Protocol

- No Accutane (Acne Medication) 1 year prior to treatment.
- Not pregnant or nursing. Hair Removal- shave area 1 day prior
- If you have been diagnosed or have a history with cold sores (HSV) medication may be recommended prior to treatment.
- **Discontinue** the following **2 weeks prior** to treatment:
 - Topical Prescriptions
 - Retinols/ Retinoids: Obagi Tretinoin & Refissa
 - Photo Sensitive Medications
- **Discontinue** using the following **3 days prior** to treatment and **3 days after** treatment:
 - AHA's
 - Glycolic Acids, Salicylic, & Benzyl Peroxide
 - Obagi Clear, Blender, & Hydroquinone
 - Any exfoliating products
 - Chemical depilatories (Nair)
 - Epionce Lytic product
 - No self-tanners **2 week prior/ 1 week post**
 - No heavy sun exposure **4 weeks prior/ 4 weeks post**
 - No sun beds **4 weeks prior/ 4 weeks post**
 - No hot tubs or hot showers **48 hrs. post treatment**
- **Injections:**
 - No botox injections 7 days prior to treatment
 - No derma fillers 14 days before treatment
 - Botox and derma fillers can be injected following your treatment.
- No exercise 24 hours post treatment.

Sign: _____ Date: _____

Medical Aesthetician:
